



Preparatory Prayer Before Exposition of The Most Blessed Sacrament

In the name of the Father and of the Son and of the Holy Spirit. Amen

My Dearest Queen and Mother, I your unworthy child (mention your name) kneel with you before the Exposed Blessed Sacrament of my God in Adoration. I beg you dearest Queen and Mother to please obtain for me, thy unworthy child from Thy Divine Son and King, our Lord Jesus Christ, the grace for the Purification of my eyes, my mind, my body and my soul, so that through the merits of the passion and death of Thy beloved Son Jesus Christ and by the Power of His Most Precious Blood, that I may be granted the grace to contemplate once again the true beauty of Thy Adorable Holy Face in this Blessed Sacrament which has been disfigured by my sins and the sins of all mankind Oh my Dearest Saviour. I console Thee my Lord and Saviour in the Blessed Sacrament and I beg Thee to please grant me the grace to experience Thy powerful presence as I gaze on the Sacred Host which is The True Divinity of my Lord, God and Saviour Jesus Christ, truly present right here before me in this exposed Monstrance in the Most Blessed Sacrament of the Altar.

I make this prayer through the intercession of the Sorrowful and Immaculate Heart of the Blessed Virgin Mary, through Jesus Christ our Lord and Saviour, to God Almighty Father of All Mankind, in the unity and love of the Holy Spirit, One God forever and ever. Amen.

Devotion To God The Father of All Mankind

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